

Intake Form

(confidential)

Name _____ Date _____ Cell Phone _____

Address _____ Work Phone _____

City / State / Zip _____

May we call you and leave a message at these numbers? Home: Y N Work: Y N

Email _____

Marital Status (Circle): Single / Married / Separated / Divorced / Widowed / Cohabiting
Number of Marriages _____ Date of Birth _____ Gender _____

Emergency Contact: Name _____ Relationship _____ Cell _____

Concerns Bringing You to Counseling (summarize briefly in one or two phrases)

Whose idea was it for you to come to counseling? _____

Please rate the severity of your present concerns on the following scale:

Mild Moderate Severe Totally Incapacitating

Have you **EVER** experienced any of these life crises (past or present)?

____ Death of Significant Other ____ Drug Use ____ Childhood Neglect
____ Loss of Job ____ Divorce/Separation ____ Verbal Abuse
____ Serious Illness ____ Divorce of Parents ____ Foster Care
____ Pregnancy ____ Physical Abuse ____ Frequent Moving
____ Others: _____

Check any of the following that apply to you **TODAY**:

____ Fear ____ Loss of Control ____ Depression ____ Anxiety/Nervousness
____ Shame/Guilt ____ Alcohol/Drug Use ____ Disturbed Sleep ____ Nightmares
____ Anger ____ Eating Disorders ____ Offending Behavior ____ Self-Esteem/Confidence
____ Worry ____ Suicidal Thoughts ____ Sexual Problems
____ Denial ____ Physical Self Harm ____ Problems with Relationships
____ Others: _____

Sexual Abuse Questions (Please skip if not applicable)

If you are a victim of sexual abuse (includes incest, molestation, or rape), please answer the following questions:

Single Offense _____ Multiple Offenses _____ Date(s) of Offense(s) _____

Age when abuse began _____ Age at last known offense _____

If Multiple Offenses, how long did abuse occur? _____ Same Offender or Different _____

Have you told anyone of the abuse? Yes No If yes, how old were you? _____

Was medical attention sought? Yes No Was the assault reported to the authorities? Yes No

Did you become pregnant? Yes No

When did you accept Christ as your Savior? _____ Attend a local church? Where? _____

At some time during our sessions when a natural opportunity arises, would you be open to learning how Jesus Christ can be included in your healing process? Yes No We'll See

Additional Information

Job Title _____ Employer _____

Who Referred you to Counseling? _____ Referral Date _____

How did you find me? _____

Is there a history of any of the following? (please check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Suicide | <input type="checkbox"/> ADD / ADHD |
| <input type="checkbox"/> Major Depression | <input type="checkbox"/> Grief Issues |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Sexual Abuse |
| <input type="checkbox"/> Domestic Violence | <input type="checkbox"/> Contact with Child Protective Services or similar agency |
| <input type="checkbox"/> Drug or Alcohol Abuse (self or family) | <input type="checkbox"/> Other: _____ |

Have you had any previous counseling? _____ If so, where and when and with regard to what issues?

Name of previous therapist _____ Address _____

Dates of therapy? From _____ To _____ City _____ State/Zip _____

Issues of Concern Previously: _____

Reason for Termination of Therapy: _____

Medical History

Current Medications _____

Check the behaviors and symptoms that occur to you more often than you like them to take place:

- | | | |
|--|--|--|
| <input type="checkbox"/> Aggressions | <input type="checkbox"/> fatigue | <input type="checkbox"/> sick often |
| <input type="checkbox"/> Alcohol dependence | <input type="checkbox"/> hallucinations | <input type="checkbox"/> sleeping problems |
| <input type="checkbox"/> Anger | <input type="checkbox"/> heart palpitations | <input type="checkbox"/> speech problems |
| <input type="checkbox"/> Antisocial behavior | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> suicidal thoughts |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> hopelessness | <input type="checkbox"/> thoughts disorganized |
| <input type="checkbox"/> Avoiding people | <input type="checkbox"/> impulsivity | <input type="checkbox"/> trembling |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> irritability | <input type="checkbox"/> withdrawing |
| <input type="checkbox"/> Cutting | <input type="checkbox"/> judgment errors | <input type="checkbox"/> worrying |
| <input type="checkbox"/> Depression | <input type="checkbox"/> loneliness | <input type="checkbox"/> other (specify) |
| <input type="checkbox"/> Disorientation | <input type="checkbox"/> memory impairment | _____ |
| <input type="checkbox"/> Distractibility | <input type="checkbox"/> mood shifts | _____ |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> panic attacks | _____ |
| <input type="checkbox"/> Drug dependence | <input type="checkbox"/> phobias / fears | _____ |
| <input type="checkbox"/> Eating disorder | <input type="checkbox"/> recurring thoughts | _____ |
| <input type="checkbox"/> Elevated mood | <input type="checkbox"/> sexual difficulties | _____ |

List additional illness, physical conditions or complaints:

CREDIT CARD INFORMATION

Providing credit card information is *optional*. Credit card information will be kept on file and used as a backup payment for your therapy sessions. Other forms of payment include cash and check.

Name on Card:

Card Number:

3-digit verification code (back of card)

Exp.

Circle One:

Visa

MasterCard

“By signing below, I authorize my credit card to remain on file and used for the purposes of counseling services with Dr. Corey Gilbert for the below patient. Should I fail to give 24-hour cancellation notice, this card may be used without notice as payment for the late cancelled session.”

Cardholder Printed Name:

Cardholder Signed Name:

Client Printed Name:
