

Professional Disclosure Statement

Philosophy & Approach: I am honored to be invited into your private world. I do not take this privilege lightly and you will find my approach careful yet confident. I work from a Solution-Focused, Cognitive Behavioral starting point using more of a Narrative and Internal Family Systems skillset and lens in my planning, evaluating and implementation. My job is to come alongside of you in your life and add value and skills that you take with you beyond our counseling relationship.

Formal Education & Training:

I hold a master's degree in Marriage and Family Counseling and a master's in Christian Education from Southwestern Baptist Theological Seminary. I hold a Doctor of Philosophy in Family Psychology from Capella University. I also did my post-doctoral work at the Institute for Sexual Wholeness in sex therapy and trauma. I specialize in marriage, family, dating, sexual issues, gender questions, and trauma counseling. My areas of expertise are sexual trauma, gender issues, and affairs.

Continuing Education:

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by the ACA Code of Ethics www.counseling.org and the AACC Code of Ethics www.aacc.net
To maintain my license I am required to complete continuing education training on subjects relevant to my field.

Fees: \$150 per hour – or negotiated using my attached sliding fee scale based on your gross annual income.
Pay by check, cash or credit card. An email with your bill will be sent out after each session via STRIPE due upon receipt.
The average session is 1.5 to 2+ hours.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspecting child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

Board of Counselors & Therapists

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For additional information about this counselor, consult the Board's website.

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